

KEEP WATCH

0-12 MONTHS PREVENT YOUR CHILD FROM DROWNING



Prevent drowning of 0-12 month olds:
ACTIVELY SUPERVISE
BE PREPARED
MAINTAIN PHYSICAL CONTACT
ALL OF YOUR ATTENTION,
ALL OF THE TIME

EVERYONE CAN BE A LIFESAVER



Royal Life Saving
ROYAL LIFE SAVING SOCIETY - AUSTRALIA





Every month 1 child between the ages of 0 and 12 months drowns in Australia. Three quarters of these drowning deaths occur around the home, in bathtubs, backyard swimming pools, buckets and eskies.

Bath time poses one of the highest risks of drowning for infants with 35 children drowning in bathtubs and spa baths in the past nine years. A lack of adequate adult supervision is the main cause of drowning deaths in this life stage.

ACTIONS TO PREVENT YOUR CHILD 0-12 MONTHS FROM DROWNING INCLUDE: (✓)

- Always actively supervise children around water
- Ensure you have everything needed for bathing before entering the bathroom e.g. towels, clothes
- Bath water should be kept to a minimum depth
- Children are not to be left alone or in the care of an older child while in the bath or around water
- Supervising adult should always maintain physical contact with children in or around water
- Learn CPR. Enrol in a course or update your skills
- Create a safe play area to restrict a child's access to water around the home
- Empty buckets and containers that can hold water



**For more information visit
www.keepwatch.com.au**

KEEP WATCH

12-36 MONTHS
PREVENT YOUR CHILD FROM DROWNING



Prevent drowning of 12-36 month olds:
ACTIVELY SUPERVISE
RESTRICT ACCESS TO WATER
ESTABLISH RULES
AROUND WATER
PARENTS LEARN CPR

EVERYONE CAN BE A LIFESAVER



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Every year 29 children between the ages of 12 and 36 months drown in Australia. Many occur in a few seconds when parents and carers are distracted. Active adult supervision is essential in protecting your child from drowning.

Over 50% of all drowning deaths occur in home swimming pools posing the greatest drowning risk. Children commonly access the pool through a faulty fence, a propped open gate or by climbing on objects such as a table or BBQ.

ACTIONS TO PREVENT YOUR CHILD 12-36 MONTHS FROM DROWNING INCLUDE: (✓)

- Always actively supervise children around water
- Supervising adult should have physical contact or be within arms' reach of the child
- Ensure pool fence is correctly installed, regularly maintained & gate is never left open
- Create a safe play area to restrict a child's access to water around the home
- Establish simple rules such as no going near water without an adult
- Enrol your child in water familiarisation lessons
- Learn CPR. Enrol in a course or update your skills
- Empty buckets and containers that can hold water around the home

EVERYONE CAN BE A LIFESAVER



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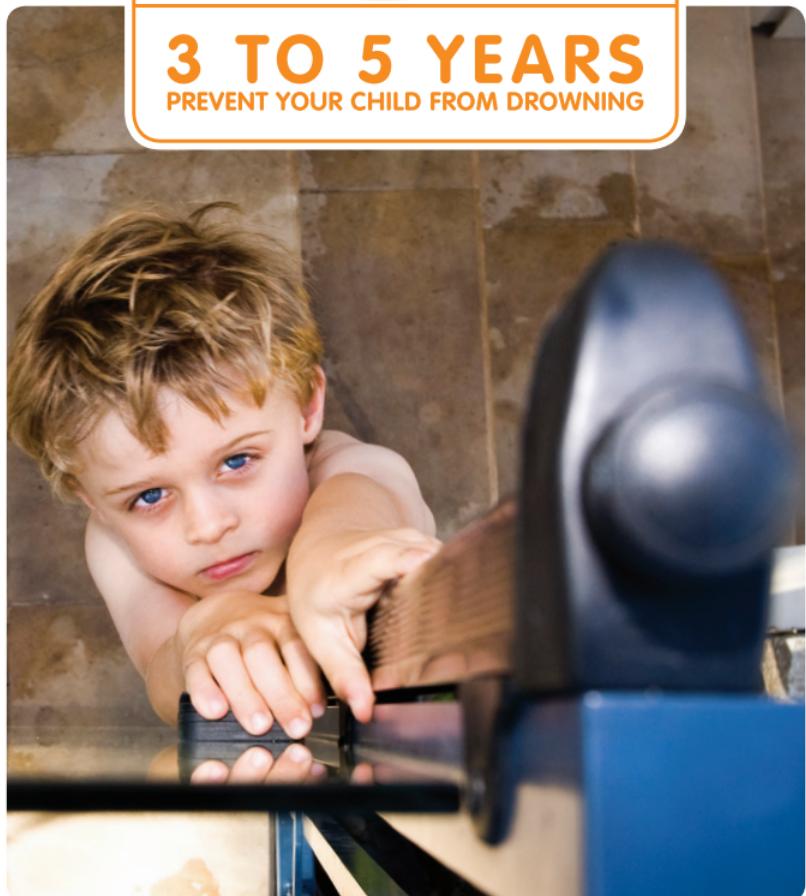


NSW GOVERNMENT

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KEEP WATCH

3 TO 5 YEARS
PREVENT YOUR CHILD FROM DROWNING



Prevent drowning of 3 to 5 year olds:
ACTIVELY SUPERVISE
RESTRICT ACCESS TO WATER
WATER AWARENESS CLASSES
PARENTS LEARN CPR

EVERYONE CAN BE A LIFESAVER



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Fairfield City
Celebrating diversity



Ten children between the ages of 3 and 5 years drown every year in Australia. Almost 50% of all drowning deaths occur in home swimming pools. Boys in this age group are twice as likely to drown than girls.

Restricting access to water, particularly in homes with swimming pools or easy access to water is vital. Correctly install and regularly maintain pool fencing and create a safe play area near the home. These years are a good time to enrol in learn to swim classes.

ACTIONS TO PREVENT YOUR 3-5 YEAR OLD FROM DROWNING INCLUDE: (✓)

- Always actively supervise children around water
- Supervising adult should always be within arms' reach of the child in and around water
- Ensure pool fence is correctly installed, regularly maintained & gate is never left open
- Create a safe play area to restrict a child's access to water around the home
- Enrol your child in water familiarisation lessons and learn to swim classes
- Establish simple rules such as no going near water without an adult
- Learn CPR. Enrol in a course or update your skills

EVERYONE CAN BE A LIFESAVER



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