



**MY BRAIN  
HAS TOO MANY  
TABS OPEN**



**OVER 75% OF MENTAL HEALTH PROBLEMS  
START BEFORE THE AGE OF 25**

**CLOSE THE TABS BUT OPEN THIS, VISIT HEADSPACE HERE!**

Scan here to  
visit headspace!



Supported by the



headspace®



*Healthspo is an initiative of Fairfield City Council funded through the Department of Communities and Justice Youth Opportunities Grant.*