

2022 SPORT, RECREATION AND LEISURE ACTIVITIES FOR PEOPLE WITH DISABILITY



Cycling without Age – Western Sydney Cycling Network

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SPORTS

Sport for people with vision loss

Blind Sports and Recreation NSW/ACT

www.blindsportsnsw.com.au

📞 0478 177 842

Blind Sports NSW is the peak organisational body in New South Wales providing sport and social recreation for community members with vision impairment.



Blind Cricket NSW

blindcricket.com

📞 0478 177 842

Blind Cricket NSW fosters, administers and promotes the game of Blind Cricket in New South Wales, Australia.



NSW Goalball

www.goalball.com.au

📞 02 8736 1243

NSW Goalball is a vision impaired sport. They run a reverse inclusion model through schools, which involves all students (vision impaired or no impairment) participating in the game.

Sports

Amputee Golf NSW Inc

www.amputeegolfnsw.net

Amputee Golf NSW Inc provides and promotes golf opportunities for amputees.



Basketball NSW

www.bnsw.com.au/community/inclusion

☎ 02 8765 8555

Basketball NSW is committed to educating the basketball community on best practice of inclusion, increase awareness and provide specific programs for all members of the community to play basketball.

Cricket NSW

www.cricketnsw.com.au/get-involved/playing-cricket/all-abilities

☎ 02 8302 6000

Cricket NSW organises all ability programs for people with disabilities and special needs.

Netball NSW (All Abilities Netball)

nsw.netball.com.au/all-abilities-netball

☎ 02 9951 5000

Netball NSW offers multiple programs and events for people with disabilities to participate in Netball in New South Wales.

Police Citizens Youth Clubs Fairfield – Cabramatta (Table Tennis)

www.pcyonsw.org.au/fairfield-cabramatta/activities/table-tennis

☎ 02 9727 8908

PCYC offers social table tennis competitions as well as graded competitions for juniors and seniors, of all abilities.

Special Needs Ability Program Providers – SNAPP

snappability.com.au

SNAPP provides Social and Recreational activities (such as soccer and bowling) for children and adults of all ages with special needs.

Swimming

AQUAKIDS Swim School

aquakidsswimschool.com.au

☎ 02 9724 7644

AQUAKIDS Swim School teaches swimming and water safety lessons at Smithfield in a purpose built private indoor heated swimming school.

Rainbow Club

www.myrainbowclub.org.au

☎ 0431 097 813

Rainbow Club offers a fun and safe community for children with a disability to have personalised swimming lessons catered to their needs.

Wheelchair Sports

Wheelchair Sports NSW/ACT

www.wsnsww.org.au

☎ 02 9809 5260

Wheelchair Sports NSW/ACT provide opportunities for people with disability in NSW and the ACT to participate in sport.



Wheelchair Rugby League Australia (WRLA)

www.nrlwheelchair.com.au

☎ 02 9740 9798

WRLA provides and promotes opportunities, support, intervention, training and self-challenging pursuit for people with disability and their families/supports.



NSW Powerchair Football Association

nswpfa.org.au

NSW Powerchair Football Association, is a modified version of football (soccer) played by power chair users on an indoor court with an oversized ball.

Sporting Bodies

Cerebral Palsy Sporting and Recreation Association NSW Inc.

www.cpsara.org.au

Cerebral Palsy Sporting and Recreation Association NSW Inc. aims to encourage sporting and recreational opportunities for people of all ages with Cerebral Palsy and other neurological conditions.

Disability Sports Australia

www.sports.org.au

☎ 02 8736 1221

Disability Sports Australia is Australia's peak national body representing athletes with a physical disability.

Disabled Surfers Association of Australia (DSAA)

disabledsurfers.org

The Disabled Surfers Association of Australia (DSAA) is a volunteer-run organisation that enable people of all ages and abilities to take part in beach surfing.

Disabled Wintersport Australia

www.disabledwintersport.com.au

☎ 1300 265 730

Disabled Wintersport Australia has assisted thousands of individuals with disabilities to participate in winter sports annually.

Recreation, Sports and Aquatics Club

disabledsportsac.org.au

☎ 02 9790 5001

Recreation, Sports and Aquatics Club, is a community-based organisation that provides sport, recreation, social activities and opportunities for people with disability.



Special Olympics NSW

specialolympics.com.au/nsw

Special Olympics New South Wales ensures people with intellectual disability are empowered to participate.

Sport NSW

www.sportnsw.com.au

☎ 02 8736 1239

Sport NSW is committed to providing access and equal opportunities for all Australians to enjoy sport and active recreation, through the creation of welcoming and inclusive environments.

Young Athlete's program – Special Olympics Australia

www.specialolympics.com.au/youngathletes

☎ 1300 225 762

The Special Olympics Australia Young Athlete's program is an early childhood play program for children with and without intellectual disabilities, ages 2 to 8 years old. The program offers families, teachers, caregivers and people from the community the chance to share the joy of sports with all children, and introduces basic sport skills, like running, kicking and throwing. This program can be set up in any service such as early childhood, playgroups, schools and YMCA centres.

RECREATION

Leisure Centres

Cabravale Leisure Centre

www.fairfieldcityleisurecentres.com.au/cabravale

☎ 02 9725 0335

Cabravale Leisure Centre provides a modern gymnasium fitted with the latest equipment; heated indoor program pool, sauna, and a multipurpose group fitness/program room, community function room, meeting and training facilities with computer access.

A hoist for entry into the pools and aquatic wheelchairs are available.



Fairfield Leisure Centre

www.fairfieldcityleisurecentres.com.au/fairfield

☎ 02 9725 0336

Fairfield Leisure Centre offers an open gymnasium, group fitness studio; steam room, 25-metre heated indoor swimming pool, 50-metre outdoor pool, fun Aqua Play Water Park with toddler pool, and multipurpose indoor sports court.

A hoist for entry into the pools and aquatic wheelchairs are available.



Prairiewood Leisure Centre

www.fairfieldcityleisurecentres.com.au/prairiewood

☎ 02 9725 0337

Prairiewood Leisure Centre caters for all health and recreation needs; with facilities including a large gymnasium with separate cardio and stretching areas, group fitness studio, sauna, 25-metre heated indoor pool with walk-in ramp, 50-metre heated outdoor pool, and Aquatopia Water Park which has a huge range of attractions and facilities; including 10 and 20-metre high giant slides, the Adventure Aqua Tower, toddlers pool, Wave Rider body board simulator, and the new 55-metre Wave Pool.

A beach-style pathway, hoist and aquatic wheelchairs are available.

The new Wave Pool has hoist entry as well as new accessible toilet and change room. It includes an adult change table and hoist.



Fairfield City Open Libraries

Fairfield City Open Libraries

www.fairfieldcity.nsw.gov.au/library

There are 5 libraries in the Fairfield City area. Books are in various formats at the library (including audio, large print and eBooks and other items such as DVDs, CDs, newspaper, magazines and multi-lingual resources).

Fairfield City Open Libraries provides a range of educational and entertaining programs for children aged 0 - 12 years including storytime and chess for beginners.

In partnership with Fairfield City Council, Dolly Parton's Imagination Library of Australia provides free books and literacy resources to residents born from 2022.

There is also a Home Library Service available for people who may not be able to access the library easily.

Bonnyrigg Library

☎ 9725 0333

Wetherill Park Library

☎ 9725 0333

Fairfield Library

☎ 9725 0333

Whitlam Library Cabramatta

☎ 9725 0333

Smithfield Community Library

☎ 9725 0333



Leisure

Ability Hub Services

ability-hub-nsw.business.site

☎ 1800 482 679

Provides a range of fun interactive activities for people with disabilities and mental health to re-engage into the community to empower abilities.

Community First Step – Day Program

www.cfs.asn.au/day-program

☎ 02 9727 4333

Community First Step's Day Program is focused around centre-based, group activities (such as Zumba, swimming, soccer) that encourage individual participation and choice while still having a person-centred support.



Cycling without Age

westernsydneycyclingnetwork.com.au

✉ cwa.westernsydney@gmail.com

Cycling Without Age is provided by Western Sydney Cycling Network (WSCN) and is about connecting elderly people and those less-abled with their community and the outdoors by giving them free rides on trishaw bikes, ridden by volunteer cyclists.

National Disability Gateway

<http://www.disabilitygateway.gov.au/leisure>

☎ 1800 643 787

National Disability Gateway provides leisure activities to help boost health and wellbeing and make connections with others.

Riding for the Disabled Association (NSW)

rdansw.org.au

☎ 02 8736 1256

Riding for the Disabled Association (NSW) provides most people with disability, the opportunity to ride and enjoy all the activities connected with horse riding.



Share Care Disability Services

www.sharecare.org.au

☎ 02 9823 8048

Share Care Disability Services provides day programs for advance development and wellbeing.

Stars Within

www.starswithin.com.au

☎ 0434 278 340

Stars Within's main focus is to provide a fun, stimulating and interactive dance environment that allows for the imagination and creativity of students with disability to flourish.

The Junction Works

www.thejunctionworks.org/

ServiceSolutions/DisabilitySupport.aspx

☎ 02 8777 0500

The Junction Works provides respite and recreation services for children, young people and adults with disability living in Sydney.



Woodville Alliance

www.woodville.org.au

☎ 02 9722 5200

Woodville Alliance provides a wide range of activities for people with disability to choose from (such as cooking, dancing, bowling, soccer, candle making) and is NDIS funded.

Young Adults Disabled Association Inc (YADA)

www.yada.org.au

☎ 02 9602 7808

Young Adults Disabled Association Inc (YADA) provides social support for people with disabilities in the Liverpool and Fairfield local government areas. The social group meets twice a week to participate in activities that allow them to learn new skills, reduce their isolation, provide their carers with some time off, and enhance their quality of life. YADA runs a day centre at Bonnyrigg South Community Centre, Tuesday and Thursday every week, and also have day trips around the Greater Sydney area, once a month, on a weekend.

Zen Tea Lounge Foundation

www.zentealoungefoundation.org.au

☎ 0406 018 444

The Zen Tea Lounge Foundation provides employment opportunities, entrepreneurship business setup and practical upskill workshops for young people with disability. There are also opportunities to learn social impacts through fun and creative cultural activities and workshops to build effective social skills, self-confidence and develop safety relationships.

Fairfield City Council

www.fairfieldcity.nsw.gov.au

86 Avoca Road, Wakeley

✉ mail@fairfieldcity.nsw.gov.au

☎ 02 9725 0222



Fairfield City Council welcomes feedback which helps improve services for our customers. If you have any feedback on this listing, please contact the Social Planning and Community Development Team on 9725 0222 or email: scd@fairfieldcity.nsw.gov.au.

Disclaimer: Information included in this directory is correct at the time of publishing

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