# BOOKINGS FOR PARKS AND SPORTING FIELDS NOW REQUIRED FOR BOOTCAMPS, GYMS AND PERSONAL TRAINERS

Over the weekend, we saw more people taking advantage of relaxed restrictions on public gatherings, with groups coming together in our parks and sporting fields to get out and exercise.

While it is great to see so many people wanting to be active and remain healthy, we need to give clear guidance to enable people to safely exercise in compliance with NSW public health orders and Council's requirements.

We have turned on the lights at 13 of our sporting fields, which has proved very popular with families and individuals wanting to exercise into the evening, while observing social distancing rules.

To assist our community to continue to keep fit and to support local enterprise, Council will now take bookings from gyms, personal trainers and bootcamps (or similar operations) to train up to 10 people at a time, socially distanced in our parks and sporting fields.

Council wants to offer an option for outdoor boot camps and group sessions during this time when the sportsfields are not in use by the community sports. For this reason, the bookings will be FREE as part of this initiative. The bookings are essential so that Council can work to protect the community through monitoring and control of the number of users.

We understand that gyms need to change the way they offer their services while gyms are closed and while restrictions are gradually being lifted. We also need to ensure a balance so that families and individuals who want to exercise in our parks and sporting fields are able to do so, as well as the commercial enterprises. This system is to ensure everyone has fair access to our sporting fields and parks at this critical time when everyone needs to be responsible for health and safety.

Gyms, personal trainers and bootcamps (and similar operations) are required to contact Council on 9725 0222 to make a booking for the use of sportsfields and parks for this purpose.

Frank Carbone
Mayor of Fairfield City

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