



# LET'S REDUCE GAMBLING HARM



## Other ways to get help

- Gamblers Anonymous (Oakdene House)  
(02) 9727 5519
- Talk to a doctor or counsellor



Scan the QR code for more information on gambling harm



## Did you know?

Over \$1.8 million a day is lost on poker machines in Fairfield City venues

There are more poker machines in Fairfield City than all of Tasmania

There are more than 50 online-only gambling companies in Australia









## A MESSAGE FROM MAYOR FRANK CARBONE

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### Gambling Harm

For some people, gambling is a form of entertainment that they do once in a while, but for others it can quickly become something more serious. In that case, you or someone you know could be at risk of gambling-related harm. If gambling isn't fun anymore, help is just a phone call away. Gambling harms a lot more people than you might think. For instance it can impact:

-  Finances
-  Family life, relationships and communities
-  Work and study
-  Physical and mental health




It's important that we have a happy, safe and thriving community. I want you to know that there is no shame in reaching out for support, even if the first step is hard.



Local services are ready to listen, care, and offer advice and information to help you, whether you are looking for support for your own gambling or if someone else's gambling is causing concern.

Council is always here for the community. We work closely with services who have the knowledge and experience to provide support.

If you, or someone you know is experiencing gambling-related harm, you can contact GambleAware 1800 858 858 or visit [www.gambleaware.nsw.gov.au](http://www.gambleaware.nsw.gov.au) to find

-  Tips on managing gambling
-  Ways of helping yourself and others
-  Information in other languages

